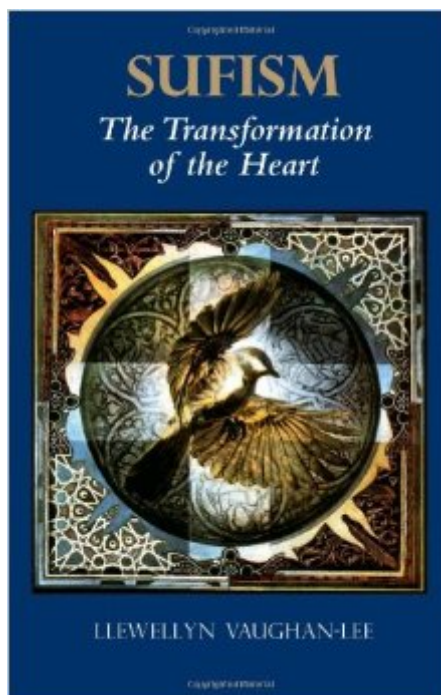


The book was found

Sufism: The Transformation Of The Heart



Synopsis

Sufism, the Transformation of the Heart gives a clear and accessible outline of Sufism: its basic principles, historical background, and recent development in the West. While exploring the spiritual and psychological processes of transformation, this book offers practical guidelines to help the seeker. Sufism, the Transformation of the Heart is a valuable introduction to a dynamic spiritual path that is attracting growing interest in the West.

Book Information

Paperback: 224 pages

Publisher: The Golden Sufi Center; second printing 1997 edition (June 1, 1995)

Language: English

ISBN-10: 0963457446

ISBN-13: 978-0963457448

Product Dimensions: 5.5 x 0.6 x 8.5 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (42 customer reviews)

Best Sellers Rank: #214,649 in Books (See Top 100 in Books) #71 in [Books > Religion & Spirituality > Islam > Sufism](#) #160 in [Books > Health, Fitness & Dieting > Mental Health > Dreams](#) #664 in [Books > Christian Books & Bibles > Worship & Devotion > Meditations](#)

Customer Reviews

I bought this book after watching an interview of the author on Oprah since I had wanted to learn more about Sufism and Rumi for a long time. Although during the interview Llewellyn was very impressive, this book is not. I was reluctant to write an unfavorable review, so I went ahead and read the book the second time, did a lot of research on the internet and watched Llewellyn's almost an hour long video called "We Are All One: Full Interview with Llewellyn Vaugh-Lee" and his interview with Oprah on the internet before writing the review. According to the book's definition, "Sufi is a name given to a band of mystics who are lovers of God". The goal in Sufism or a Sufi is to become one with God by mediating and chanting (dhikr). Some of the concepts are similar to other spiritual teachings such as "Divinity of humans" (Holy Spirit or God living in every human like Unity teachings), "The real reason of unhappiness or feelings of unfulfillment is the result of separation from God" ("A Course in Miracles") , " Living in the world but not of it" (Bible) and "Living in the presence of God every moment" (Marianne Williamson's writings) After finishing it, I was terribly disappointed by the book which is terribly dry, abstract and repetitious. ("The mind and the ego can

never grasp an experience of total unity in which there is no distinction between observer and observed, but the heart's experience of His unity is reflected into our ordinary consciousness.") I learned more about Sufism from a three minute video of Jonathan Brown from Georgetown University, a video clip of a documentary about Sufism by PBS on the internet and Rumi's official website maintained by his descendants(Mevlana Rumi), than reading this book.

[Download to continue reading...](#)

Sufism: The Transformation of the Heart Heart Disease: Heart Disease Prevention And Reversal Guide To Prevent Heart Disease And Reverse Heart Disease With Heart Disease Prevention Strategies And Heart Disease Diet Advice Heart Health: Heart Healthy Cookbook: 30 Quick & Easy, Heart Healthy Greek Recipes For Smart Heart Health (cooking, weight loss, weight maintenance) (cooking, ... weight maintenance, weight watchers Book 1) Rumi Poetry: 101 Quotes Of Wisdom On Life, Love And Happiness (Sufi Poetry, Rumi Poetry, Inspirational Quotes, Sufism) Women of Sufism: A Hidden Treasure Al-Ghazali's Path to Sufism: His Deliverance from Error (al-Munqidh min al-Dalal) The Cardiac Recovery Cookbook: Heart Healthy Recipes for Life After Heart Attack or Heart Surgery The South Beach Heart Health Revolution: Cardiac Prevention That Can Reverse Heart Disease and Stop Heart Attacks and Strokes (The South Beach Diet) Surgery Open Heart: A Surgical Nurse Guides You Through Open Heart Surgery (Open Heart Surgery, Aortic Valve / Mitral Valve Replacement, Coronary Artery Bypass, Aortic Aneurysm, Myxoma) Healing the Wounded Heart Workbook: The Heartache of Sexual Abuse and the Hope of Transformation Renovation of the Heart in Daily Practice: Experiments in Spiritual Transformation (Redefining Life) Fancy Nancy: Heart to Heart WomenHeart's All Heart Family Cookbook: Featuring the 40 Foods Proven to Promote Heart Health Healthy Heart, Healthy Planet: Delicious Plant-Based Recipes and Tips to Reduce Heart Disease, Lose Weight, and Preserve the Environment The EatingWell for a Healthy Heart Cookbook: 150 Delicious Recipes for Joyful, Heart-Smart Eating (EatingWell Books) Heart Healthy Smart Recipes: Smart Eating for Heart Health Heart Healthy Fabulous Everyday Snack Ideas: The Modern Sugar-Free Cookbook to Fight Heart Disease The Great Cholesterol Myth Now Includes 100 Recipes for Preventing and Reversing Heart Disease: Why Lowering Your Cholesterol Won't Prevent Heart Disease-and the Statin-Free Plan that Will The Great Cholesterol Myth + 100 Recipes for Preventing and Reversing Heart Disease: Why Lowering Your Cholesterol Won't Prevent Heart Disease and the Statin Free Plan and Diet that Will The American Heart Association Low-Salt Cookbook: A Complete Guide to Reducing Sodium and Fat in Your Diet (AHA, American Heart Association Low-Salt Cookbook)

[Dmca](#)